

Northern California Chinese Tai Chi Invitational



Time: August 10, 2019

Location: James Logan High School, Union City, California, United

States (1800 H Street, Union City, Ca 94587 USA)

Since 2003, Northern California Chinese Culture & Athlete Federation(NCCAF) has held cultural sports events in succession, setting a record for overseas Chinese sports competitions. It is now the largest sports event for Chinese outside Hong Kong, Macao, Taiwan and mainland China, providing a healthy and happy platform for sports cultural exchange.

Northern California Chinese Tai Chi(NCCTC) Invitational and Tournament is to promote Tai Chi Internal culture and sports. This year there are are five major projects presented.





- 1. Outdoor: Tai Chi 24 performance. 9am-9: 15am
- 2. Indoor: Taiji internal performance (eightmethods & five-steps, etc.) <u>9:30am-10am</u>
- 3. Tai Chi Competition 10am-1am
- 4. Northern California First Push Hand Exchange 10am-1pm
- 5. Northern California First Tai Chi Invitational 1pm-4pm

This year's Tai Chi events appear new looks. In addition to regular tai chi competition, there will be popular and fun-filled networkings and interactions including innovative Tai Chi Push Hand Exchange, performances of Tai Chi World Champion, vigorous youth Tai Chi performances, and lots of versatile shows presented by many Tai Chi clubs. We hope that everyone can promote and enhance TaiChi so that our "spirit can be more civilized and our body can be stronger."

Host: Northern California Chinese Culture and Sports Association(NCCAF)

Organizer: Northern California Chinese Tai Chi(NCCTC)

Co-organizer: Kung Fu Magazine

Registration:

24 form and opening ceremony - Linda Chao 510-579-0302

Tai Chi Competition - NCCAF 510-796-9988, Emily Lee 415-305-3507

Push Hand Exchange - Jeff Lin 408-219-0921

Northern California Tai Chi Invitational- XiaoDong He 415-283-8890

Registration deadline: <u>July 31, 2019</u>Ha For more information, please check

www.nccaf.org