

#### Northern California Chinese Culture - Athletic Federation

48761 Kato Road, Fremont, CA 94538 Email: admin@ncccaf.com Tel: 510-413-9988 Fax: 510-353-9688 http://www.nccaf.org

### 2011 NCCCAF KAIS ER PERMANENTE Cup Swim Meet RegistrationForm

LOCATION: James Logan High School, Union City

**TIME:** Meet begins at 9:00am; Warm-ups from 7:45-8:45am. Officials and coaches meetings will be conducted prior to the starting time. **Age groups for 19 and younger will compete in the morning section, and age groups for 20 and above will be in the afternoon section.** Afternoon section will begin no sooner than 30 mins after the completion of morning section.

**DEADLINE FOR ENTRY:** Aug 5<sup>th</sup>, 2011

**ELIGIBILITY:** Open to all age group swimmers who have registered correctly.

**AGE:** The date to define the age is Aug 10/2011. For example, if the swimmer was born before Aug. 13/1998 or on Aug. 12/1998 then he/she will attend the meet as age 13-15; If the swimmer was born after Aug.12/1998, then he/she will attend the meet as age 10-12 and so on.

**RULES:** Current U.S.A. and Pacific Swimming rules will govern the meet. All events are timed finals. Swimmers may compete in **no limit** individual events and team relays. The event will start on time even if any swimmer who has checked-in for an individual event but fails to appear on the block on time.

**RESTRICTIONS:** Smoking and use of tobacco product and alcoholic beverage is prohibited on the deck, locker rooms, spectator seating areas, and **all areas used by swimmers**. In order to run the meet smoothly, some areas may need to clean up in order to run the meet smoothly.

**CHECK-IN:** The meet will be no deck check in. The meet schedule, heats and lanes arrangement will be posted at the meet. Swimmers should check at the bulletin board and go to the right lane at his/her heat. We will also give reminders of the events and heat by using the broadcast at the meet. Swimmers are required to bring IDs.

**ENTRIES:** Entries must be completed on the attached entry card. Cards must be filled out completely and printed clearly with a time for each event you enter. "No time" entries will be seeded in the slow heat. Entries must be postmarked by **Midnight Aug.1**<sup>st</sup> **2010.** Except for mandatory scratches no refunds will be made. Entries will not be accepted without payment and swimmers under 18 must sign registration forms by their parents.

**ENTRY FEE:** \$5.00 per individual event, and \$10.00 per relay. No participation fee per swimmer. (Please make full payment for individual events, entry forms with no payment for individual events will not be scheduled in the meet; Relay teams are allowed to make the payment at meet. Make all checks/money orders payable to NCCCAF and mail with entries to:

#### NCCCAF,

48761 Kata Road, Fremont, CA 94538

**Application Consulting:** (408) 464-8811,(510)-432-6311, (650)-996-6738

NCCCAF OFFICE (510) 413-9988 Fax: (510) 353-9688

**SCORING:** Individual events  $1^{st}=7$ ,  $2^{nd}=5$ ,  $3^{rd}=4$ ,  $4^{th}=3$ ,  $5^{th}=2$ ,  $6^{th}=1$  And relays  $1^{st}=14$ ,  $2^{nd}=10$ ,  $3^{rd}=8$ ,  $4^{th}=6$ ,  $5^{th}=4$ ,  $6^{th}=2$ .

**AWARDS:** Awards will be made 1<sup>st</sup> trough 3<sup>rd</sup> place for each event. All individual and relay medals must be picked up at meet, as they will not be mailed. Details will be announced during the meet.



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# **Order of Events**

### **Morning Section:**

Girl	Age/Event	Boy
1	6 & under 25 Free	2
3	7-9 25 Free	4
5	10-12 25 Free	6
7	13-15 50 Free	8
9	16-19 50 Free	10
11	6 & under 25 Breast	12
13	7-9 25 Breast	14
15	10-12 25 Breaststroke	16
17	13-15 50 Breaststroke	18
19	16-19 50 Breaststroke	20
21	6 & under 25 Back	22
23	7-9 25 Back	24
25	10-12 25 Backstroke	26
27	13-15 50 Backstroke	28
29	16-19 50 Backstroke	30
31	6& under 25 Butterfly	32
33	7-9 25 Butterfly	34
35	10-12 25 Butterfly	36
37	13-15 50 Butterfly	38
39	16-19 50 Butterfly	40
41	6 & under 50 Free	42
43	7-9 50 Free	44
45	10-12 50 Free	46
47	13-15 100 Free	48
49	16-19 100 Free	50
51	6 & under 50 Breast	52

53       7-9 50 Breast       54         55       10-12 50 Breaststroke       56         57       13-15 100 Breaststroke       60         61       7-9 50 Back       62         63       10-12 50 Backstroke       64         65       13-15 100 Backstroke       66         67       16-19 100 Backstroke       68         75       13-15 100 Butterfly       78         79       6&under 100IM       80         81       7-9 100 IM       82         83       10-12 100 IM       84         85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106         107       16-19 4x50 Medley Relay       106	Girl	Age/Event	Boy
57       13-15 100 Breaststroke       58         59       16-19 100 Breaststroke       60         61       7-9 50 Back       62         63       10-12 50 Backstroke       64         65       13-15 100 Backstroke       68         75       13-15 100 Butterfly       76         77       16-19 100 Butterfly       78         79       6&under 100IM       80         81       7-9 100 IM       82         83       10-12 100 IM       84         85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	53	7-9 50 Breast	54
59       16-19 100 Breaststroke       60         61       7-9 50 Back       62         63       10-12 50 Backstroke       64         65       13-15 100 Backstroke       68         67       16-19 100 Backstroke       68         75       13-15 100 Butterfly       76         77       16-19 100 Butterfly       78         79       6&under 100IM       80         81       7-9 100 IM       82         83       10-12 100 IM       84         85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106		10-12 50 Breaststroke	56
61 7-9 50 Back 63 10-12 50 Backstroke 64 65 13-15 100 Backstroke 66 67 16-19 100 Backstroke 68 75 13-15 100 Butterfly 76 77 16-19 100 Butterfly 78 79 6&under 100IM 80 81 7-9 100 IM 81 7-9 100 IM 85 13-15 200 IM 86 87 16-19 200 IM 87 16-19 200 IM 88 89 6 & under 4x50 Free Relay 91 7-9 4x50 Free Relay 92 93 10-12 4x50 Free Relay 94 95 13-15 4x50 Free Relay 96 97 16-19 4x50 Free Relay 99 6 & under 4x50 Medley Relay 100 101 7-9 4x50 Medley Relay 101 102 103 10-12 4x50 Medley Relay 103 10-12 4x50 Medley Relay 104 105 13-15 4x50 Medley Relay 106			
63 10-12 50 Backstroke 64 65 13-15 100 Backstroke 66 67 16-19 100 Backstroke 68 75 13-15 100 Butterfly 76 77 16-19 100 Butterfly 78 79 6&under 100IM 80 81 7-9 100 IM 82 83 10-12 100 IM 84 85 13-15 200 IM 86 87 16-19 200 IM 88 89 6 & under 4x50 Free Relay 90 91 7-9 4x50 Free Relay 92 93 10-12 4x50 Free Relay 94 95 13-15 4x50 Free Relay 96 97 16-19 4x50 Free Relay 98 99 6 & under 4x50 Medley Relay 100 101 7-9 4x50 Medley Relay 102 103 10-12 4x50 Medley Relay 104 105 13-15 4x50 Medley Relay 104	59		
65       13-15 100 Backstroke       66         67       16-19 100 Backstroke       68         75       13-15 100 Butterfly       76         77       16-19 100 Butterfly       78         79       6&under 100IM       80         81       7-9 100 IM       82         83       10-12 100 IM       84         85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	61	7-9 50 Back	62
67       16-19 100 Backstroke       68         75       13-15 100 Butterfly       76         77       16-19 100 Butterfly       78         79       6&under 100IM       80         81       7-9 100 IM       82         83       10-12 100 IM       84         85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	63	10-12 50 Backstroke	64
75 13-15 100 Butterfly 76 77 16-19 100 Butterfly 78 79 6&under 100IM 80 81 7-9 100 IM 82 83 10-12 100 IM 84 85 13-15 200 IM 86 87 16-19 200 IM 88 89 6 & under 4x50 Free Relay 90 91 7-9 4x50 Free Relay 92 93 10-12 4x50 Free Relay 94 95 13-15 4x50 Free Relay 96 97 16-19 4x50 Free Relay 98 99 6 & under 4x50 Medley Relay 100 101 7-9 4x50 Medley Relay 104 105 13-15 4x50 Medley Relay 104	65	13-15 100 Backstroke	66
77 16-19 100 Butterfly 78  79 6&under 100IM 80  81 7-9 100 IM 82  83 10-12 100 IM 84  85 13-15 200 IM 86  87 16-19 200 IM 88  89 6 & under 4x50 Free Relay 90  91 7-9 4x50 Free Relay 92  93 10-12 4x50 Free Relay 94  95 13-15 4x50 Free Relay 96  97 16-19 4x50 Free Relay 98  99 6 & under 4x50 Medley Relay 100  101 7-9 4x50 Medley Relay 104  105 13-15 4x50 Medley Relay 104	67	16-19 100 Backstroke	68
79 6&under 100IM 80 81 7-9 100 IM 82 83 10-12 100 IM 84 85 13-15 200 IM 86 87 16-19 200 IM 88 89 6 & under 4x50 Free Relay 90 91 7-9 4x50 Free Relay 92 93 10-12 4x50 Free Relay 94 95 13-15 4x50 Free Relay 96 97 16-19 4x50 Free Relay 98 99 6 & under 4x50 Medley Relay 100 101 7-9 4x50 Medley Relay 102 103 10-12 4x50 Medley Relay 104 105 13-15 4x50 Medley Relay 106	75	13-15 100 Butterfly	76
81       7-9 100 IM       82         83       10-12 100 IM       84         85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	77	16-19 100 Butterfly	78
83       10-12 100 IM       84         85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	79	6&under 100IM	80
85       13-15 200 IM       86         87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	81	7-9 100 IM	82
87       16-19 200 IM       88         89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	83	10-12 100 IM	84
89       6 & under 4x50 Free Relay       90         91       7-9 4x50 Free Relay       92         93       10-12 4x50 Free Relay       94         95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	85	13-15 200 IM	86
91 7-9 4x50 Free Relay 92 93 10-12 4x50 Free Relay 94 95 13-15 4x50 Free Relay 96 97 16-19 4x50 Free Relay 98 99 6 & under 4x50 Medley Relay 100 101 7-9 4x50 Medley Relay 102 103 10-12 4x50 Medley Relay 104 105 13-15 4x50 Medley Relay 106	87	16-19 200 IM	88
93 10-12 4x50 Free Relay 94 95 13-15 4x50 Free Relay 96 97 16-19 4x50 Free Relay 98 99 6 & under 4x50 Medley Relay 100 101 7-9 4x50 Medley Relay 102 103 10-12 4x50 Medley Relay 104 105 13-15 4x50 Medley Relay 106	89	6 & under 4x50 Free Relay	90
95       13-15 4x50 Free Relay       96         97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	91	7-9 4x50 Free Relay	92
97       16-19 4x50 Free Relay       98         99       6 & under 4x50 Medley Relay       100         101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	93	10-12 4x50 Free Relay	94
99 6 & under 4x50 Medley Relay 100 101 7-9 4x50 Medley Relay 102 103 10-12 4x50 Medley Relay 104 105 13-15 4x50 Medley Relay 106	95	13-15 4x50 Free Relay	96
101       7-9 4x50 Medley Relay       102         103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	97	16-19 4x50 Free Relay	98
103       10-12 4x50 Medley Relay       104         105       13-15 4x50 Medley Relay       106	99	6 & under 4x50 Medley Relay	100
105 13-15 4x50 Medley Relay 106	101	7-9 4x50 Medley Relay	102
3 3	103	10-12 4x50 Medley Relay	104
107 16-19 4x50 Medley Relay 108	105	13-15 4x50 Medley Relay	106
	107	16-19 4x50 Medley Relay	108



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#### Afternoon Section:

Women	Age/Event	Men
109	20-25 50 Free	100
111	26-35 50 Free	112
113	36-45 50 Free	114
115	46-55 50 Free	116
117	56 & up 50 Free	118
119	20-25 50 Breaststroke	120
121	26-35 50 Breaststroke	122
123	36-45 50 Breaststroke	124
125	46-55 50 Breaststroke	126
127	56 & up 50 Breaststroke	128
129	20-25 50 Backstroke	130
131	26-35 50 Backstroke	132
133	36-45 50 Backstroke	134
135	46-55 50 Backstroke	136
137	20-25 50 Butterfly	138
139	26-35 50 Butterfly	140
141	36-45 50 Butterfly	142
143	46-55 50 Butterfly	144
145	20-25 100 Free	146
147	26-35 100 Free	148
149	36-45 100 Free	150
151	46-55 100 Free	152
153	56 & up 100 Free	154
155	20-25 100 Breaststroke	156

Women	Age/Event	Men
157	26-35 10 Breaststroke	158
159	36-45 100 Breaststroke	160
161	46-55 100 Breaststroke	162
163	56 & up 100 Breaststroke	164
165	20-25 100 Backstroke	166
167	26-35 100 Backstroke	168
169	36-45 100 Backstroke	170
171	46-55 100 Backstroke	172
173	20-25 100 Butterfly	174
175	26-35 100 Butterfly	176
177	56 & up 100 IM	178
179	46-55 100 IM	180
181	36-45 100 IM	182
183	26-35 200 IM	184
185	20-25 200IM	186
187	56&up 4x50 Free Relay	188
189	46-55 4x50 Free Relay	190
191	36-45 4x50 Free Relay	192
193	26-35 4x50 Free Relay	194
195	20-25 4x50 Free Relay	196
197	56 & up 4x50 Medley Relay	198
199	46-55 4x50 Medley Relay	200
201	36-45 4x50 Medley Relay	202
203	26-35 4x50 Medley Relay	204
205	20-25 4x50 Medley Relay	206



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## 2011 NCCCAF KAIS ER PERMANENTE Cup Swim Meet Registration Form

Chinese Na	ame	(optio	nal):				
Last:					First:		
AGE Ge	Gender M F DAT		DATE OF BIRTH	OF BIRTH CLUB/TEAM NA		AME	
Event #	Event # Se		eding	Time	Distance	/Stroke	Age Group
			:	•			
			:	•			
			:	•			
			:	•			
			:	•			
			:	•			
			:	•			
No. of ever	nts _		X \$5.	00(for individ	dual events) = $\$$		
X \$	10.0	0(for	relay	teams) = \$	Tota	l Due \$	Paid \$
NCCCAF and	d the	meet	canı	not be held re	_	illness and inj	hereby agree that ury sustained as result ions.
Signature:				Pr	int:	Da	ate:
Dhana				17-	maile		